

AAO's Resources for you

About...	Directory
Campus Resources Menu	AAO Website https://aao.hku.hk/campus-res/ - Menu for different supporting services
AAO Forum	HKU Moodle https://moodle.hku.hk/course/view.php?id=77388 - Students can post questions and look for help 24/7
Major & Minor Selection	AAO Website https://aao.hku.hk/how-to-select-mm - Student advisers database and planning tools
Postgraduate Studies Planning	AAO Website https://aao.hku.hk/pgstudies_roadmap/ - Roadmap and advice on PG studies planning and application

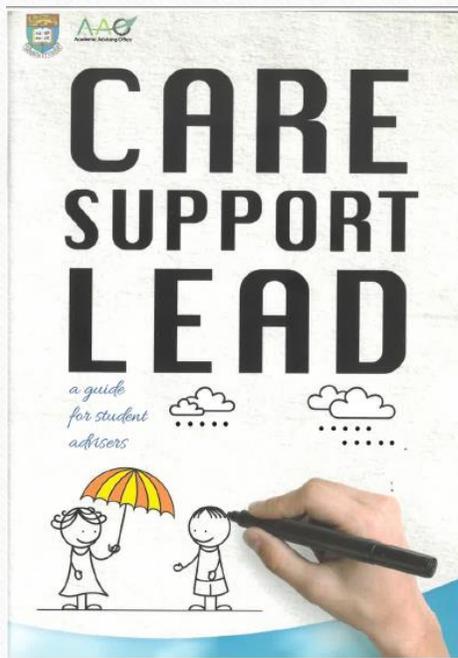
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Exchange Planning & Preparation	AAO Website https://aao.hku.hk/faq/#toggle-id-9 - FAQ regarding exchange
Scholarship Application	AAO Website https://aao.hku.hk/3minscholarships/ - Tips for scholarship application
SOAP Advising for at-risk Students	AAO Website https://aao.hku.hk/wp-content/resources/pdf/SOAP_at_risk.pdf - Guide for supporting students with academic risks
“Back on Track” Plan	AAO Website https://aao.hku.hk/wp-content/resources/pdf/onlinekit/item_14_file%20a_back_on_track.pdf - Overall planning for students lagging behind to get back on track

More Resources / References for you

AAO's Reference Guidebook

- Comprehensive reference on university-wide academic issues



<https://aao.hku.hk/sa-guide/>

Resources by CEDARS - CoPE

- Information of person enrichment and psychological wellbeing

Mental Health & Enrichment Tips

<https://www.cedars.hku.hk/cope/pe/self-help-info>

CoPE Together: A Series of Tips on Helping Yourself and Others

<https://www.cedars.hku.hk/cope/pe/copetogether>

Relaxation & Mindfulness Exercises

<https://www.cedars.hku.hk/cope/pe/exercises>